



Owner and founder of Alluem Yoga in Cranford, NJ, Gina Pachkowski has worked selflessly to serve her community at home and around the world bringing her generous spirit and love for yoga, meditation and healing to diverse and oftentimes, compromised populations.

Yoga & Service Beyond our Borders: Gina has spearheaded fundraising for organizations such as Off the Mat and Into the World to bring yoga and service to communities in Haiti and India.

Yoga at Home: Her community-based involvement & generous spirit has raised awareness, funds and involvement - inspiring so many others to get involved with organizations including: Elizabeth Coalition to House the Homeless, Love Your Brain Foundation, Embody Love Movement, Yoga 4 Breast Cancer, local school programs - bringing yoga into our schools and more. Gina's "Rock Yoga Hits the Streets" is an annual free event held on the streets of Cranford, sharing the communal experience of one of her trademark classes to all ages.

Donation Based Classes: Thanksgiving Day Class is the highlight of the year where funds are raised to support organizations near and dear to our community and hearts: AIDS Research Foundation, Memorial Sloan Kettering Cancer Center, Restore the Shore, Leukemia Lymphoma Society, Love Your Brain Foundation are just a few of the organizations that Gina and the Alluem family have raised monies for over the years.

A motto Gina stands by and a quote she has shared on the wall of her studio for the past 9 years states, "When you do things from your soul, you feel a river moving in you, a joy." - Rumi